

# Water Rescue

## \*Need\*

Fluids for drinking

Lunch

Work Gloves

Appropriate footwear (heavy soled water booties-mesh upper tennis shoes) NO SANDALS

Appropriate swimwear

Duct tape

## *Nice to have*

Sun screen, insect repellent

Sun glasses

Flashlight (submersible to 5 meters)

Shade cover, chairs and towels